

DOLPHINS ON...CREATING

I sometimes feel like I am in the “Dolphin School of Enlightenment,” which is like a treasure hunt. Seemingly unrelated experiences weave together into a beautiful tapestry of truth and learning.

Here’s how the lesson of creation unfolded:

During my second visit to La Jolla, CA, I went to the beach where I had swum with the dolphins before and none were in sight. I decided to lay in the sun for awhile, and keep my eyes open for them. With nothing to read, I was just being. A story I heard a few days earlier popped into my mind about a man who was seeking enlightenment. He sought out two gurus for advice, and was told to look in the mirror every day and ask “Who am I? Who am I? Who am I?...” for 30 minutes.

Soon I was lying on the beach asking, “Who am I? Who am I? Who am I?..” I was simply filling up space and time. I did not expect an answer. Pretty soon I heard, “Spirit into matter.” That startled me! But I already knew that. That’s what we all are. What else am I? “Who am I? Who am I?...” I got the same answer--four times! Then I realized...that is the essence of who I am, and nothing else matters. Everything else is illusion! Well that was interesting.

The following day I gave a session to a woman whose intention was to raise her ability to manifest to a higher level in all aspects of her life. She was silent the entire hour, and I simply felt energy running through me. I had no idea if she was feeling anything.

When we were complete, she talked excitedly about all of her experiences. She had received several messages, and as is often the case, the messages were useful for me, too--particularly one. The message was...“in order to create, focus only on the essence of the creation, giving no thought or attention to form.” *The essence thing again.*

Then she was shown how the rose came into existence. The creative force was focused solely on the specific healing property that was to reside on this planet. In time, out of the nothingness appeared the rose! Universal Mind brought into being the most appropriate form to fulfill the purpose of the healing essence desired. What a beautiful, and profound, teaching!

I meditated and asked Higher Self what essence I am to create in this lifetime. I heard the same two words that I heard in my first telepathic communication with dolphins years ago, long before my service with them began. I instinctively asked the dolphins surrounding our boat, “What are you here to teach us?” I heard...“Unity, Community.”

By putting our attention at the level of essence, our desires and manifestations are elevated from the mundane to something truly meaningful!

I did not see my friends in form that visit, but their essence was magnificent.

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5/12/97

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